

# HELLO! BEAUTY BOOK

SPECIAL WITH ISSUE 1208 • NOT TO BE SOLD SEPARATELY

100+ pages TO BRIGHTEN WINTER DAYS

DIET AND DETOX WHAT REALLY WORKS

GET FIT with trainer to the stars Matt Roberts

New mum shape-up Miranda's simple tips

ROOMED TO PERFECTION THE MIDDLETONS'

Celebrity style with Heidi

## NEW YEAR NEW YOU





## NATALIA'S BEST BUYS

Here are some favourite products to help give you supermodel looks



...e my feet on  
...ound... I will  
...just sit around  
...do nothing. I don't  
...ve in luck - I believe  
...choices I make'

1. Philip Kingsley Elasticizer, £25.50. "For deep moisturising treatment."
2. Guerlain Terracotta Moisturising Bronzing Powder, £33.
3. Viviscal Shampoo & Scalp Cleanser, £9.99, visit [viviscal.co.uk](http://viviscal.co.uk). "Great for thickening the hair."
4. Guerlain Super Aqua-Body Serum, £61.50.
5. Guerlain Shalimar Parfum Initial, £37.
6. Chanel Le Crayon Yeux in Brun, £17.
7. Benefit Brow Zings, £22.50.
8. Rouge G de Guerlain in Grenade, £28.50.